

# BERNAL JOURNAL

1986 Free! February



## Where to Buy Lottery Tickets in Bernal

On Oct. 3, California went into the gambling business and in three months made enough money to run the state of Nebraska for a year.

In the game of chance's first two days, about 20,000 retail outlets sold more than 30 million tickets, a world record. Sales of the colorful scratch-off tickets have been startling. An average of 8 million to 10 million are selling a day, a rate higher than those of the two previous games.

Cash prizes have ranged from \$2 to \$3 million, although no one has hit the \$3 million jackpot yet. So far, 11 Californians have won \$2 million prizes and four have won \$1 million jackpots in the lottery's weekly televised "Big Spin" show.

For some big winners, luck also has brought misfortune. Several have been illegal aliens who now face deportation. A Sacramento winner was arrested on an outstanding theft warrant when authorities read newspaper accounts of her windfall.

The Internal Revenue Service deducts 20 percent from all winners of \$600 or more, and the state scrutinizes all winners of more than \$5 to see if they owe the state or local officials for reimbursements of child support payments.

The lottery will end its first quarter with a gross of about \$800 million, about what Nebraska spends annually on all its government services. Until California became the 21st state with a lottery, the nation's largest was Pennsylvania's, which grossed \$1.2 billion in 1984.

In California, questions still linger over where players are finding all this money to gamble. Is it cutting into their food budget? The California Grocers Association thinks so, citing a report from five major supermarket chains that said their food sales have dropped 5 percent since the lottery started.

Lottery Director Mark Michalko disagrees. "The proposition that sales are decreasing may be occurring in a small number of instances, but overall I find it very hard to believe that that's a universal complaint," he said recently.

For each \$1 ticket sold, retailers collect 5 cents, earning them about \$40 million so far, although many complain their cut is

not enough for the trouble. Michalko has agreed to re-examine the matter.

California is buying the tickets from Scientific Games Inc., the same Georgia company that wrote the lottery initiative and bankrolled the \$2 million campaign that led to its passage.



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The company's competitors complained the proposition was written in such a way that Scientific Games would be assured of winning the first contract, worth about \$40 million. It did.

The company has also submitted a bid for a much more lucrative contract — about \$200 million — to set up a computer system next year to offer more sophisticated lottery games, such as Lotto.

Those games will require installation of thousands of computer terminals statewide, which players will use to pick numbers and compete for prizes that could exceed \$100 million.

California voters sanctioned the lottery when they approved Proposition 37 by better than a two-thirds majority.

Gov. Deukmejian and Attorney General John Van de Kamp remain opposed to the lottery. Van de Kamp warned that it could breed crime, although no serious scandals have yet plagued the operation.

The governor came under some criticism when he was several weeks late in appointing a director and a five-member commission to oversee the lottery, and the lottery itself started six months late.

About a third of the lottery's revenues are earmarked for California schools. Half of the gross is returned to players in prizes, and no more than 16 percent may be used for administration.

The first payment to schools of more than \$250 million will be made in January or February. However, it will be a relatively small part of California's total education budget, which this year is about \$16.7 billion in state and local funds.

A recent private poll indicated the lottery was most popular among people in lower income brackets and members of minority groups.

It said that 24 percent of those who had bought 20 or more lottery tickets earned less than \$15,000 a year. Forty percent were minorities and 19 percent had not graduated from high school.

The survey concluded that while 70 percent of eligible Californians had at least bought one ticket, 71 percent were being purchased by 18 percent of the players.

(S.F. Examiner 12/27/85)

# TO THE EDITOR



## BHCF DRAWING POSTPONED

Dear Friends of BHCF:

Thank you for supporting our fundraising efforts and for participating in our drawing for a Dodge Colt. The drawing was to have been on Wednesday, Jan. 15. However, we are postponing the drawing because we did not make enough money to cover the cost of the Colt.

Instead we are transferring everyone's ticket to the Lion's Club Youth and Community Activities Fund Drawing which will be held on April 18 at 8:30 p.m. at the United Irish Cultural Center (2700 - 45th Ave., San Francisco). So if you bought a BHCF ticket for a Dodge Colt, we will use the money to purchase you a ticket for the Lion's Club drawing. (Of course, if you wish your donation back, we will return your money.)

The first prize is also a new car and, there are 100 prizes in the the Lion's drawing! A total of \$20,000 in prizes will be given away.

- The first prize is a 1985 Nissan Sentra
- 2nd is \$6000 at \$1200 per year for 5 years
- 3rd prize is a week cruise for 2 to Mexico or Alaska
- 4th through 14th prizes are \$100 each
- 15th through 100th prizes are

\$50 each.

We thank the Lion's Club, which has been conducting a drawing for 38 years, for their cooperation in allowing us to join their drawing. Bernal Heights Community Foundation will get 70 cents on every dollar that we sell. So far we have sold about \$3000 worth of tickets and we hope to sell a lot more by April 1 when we turn in our tickets and money.

Thank you for your support.

Sylvia Yee, President  
BHCF Board of Directors

## School District OER Dates

San Francisco Public Schools provide opportunities for students to attend the school of their choice.

The process for parents to change school assignments is called the Optional Enrollment Request (OER) procedure. OER requests may be made beginning on January 13. They are granted only when there is space available at the desired school as per school/class enrollment, and the change will not adversely affect the racial/ethnic balance at either the sending or receiving school according to the guidelines ordered by the Federal District Court.

Three application periods have been designated for submission of OERs for 1986-87 school year. They are January 13 - February 14; February 15 - April 11; April 12 - June 13. Each period has its own notification date. Registration at the new school must be completed within 5 school days from the date on the approval letter, or the approval will be cancelled.

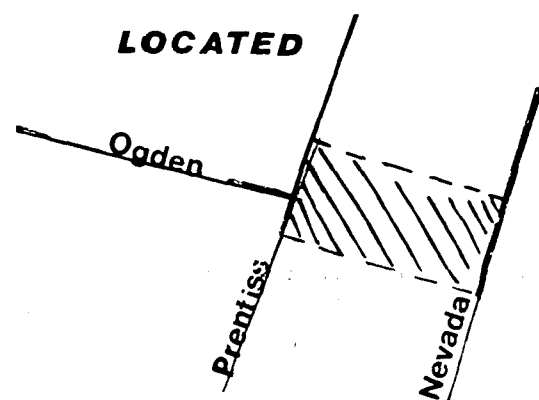
An informational pamphlet (available in English, Spanish, Tagalog, Cantonese and Vietnamese) called What, Why, When and How of OERs may be obtained from the Student Assignment Office, 170 Fell Street, San Francisco, 94102; telephone 565-9705.

## S.L.U.G. on the Move

The San Francisco League of Urban Gardeners (SLUG) has moved to Bernal Heights, renting space in the Neighborhood Center. The expanded floor area has improved the spirits of the staff considerably. We wish to thank the S.F. Food Bank for housing us for most of 1985, as that generous donation enabled us to be able to afford this step up.

Our new phone number is 695-9100. We try to be in the office in the mornings, but calling ahead is recommended if you want to visit. We maintain a resource library of gardening books, seed catalogs, and other related information for our members and friends to use.

As part of our expanding community gardening program we are pleased to announce TWO NEW GARDENS IN BERNAL HEIGHTS that will be opening this coming spring. The first is on the Ogden Street right of way, between Prentiss and Nevada. The Mayor's Office of Community Development is providing funding for



major capital improvements, including fencing, terracing, and irrigation. The San Francisco Conservation Corps will perform the heavy labor of site preparation. The finished site will include an area for seniors, picnic tables, and compost bins. The site is sunny and

*continued on page 7*

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# TO YOUR HEALTH!

## Hispanics Beware

LOS ANGELES -- Hispanic immigrants in the West and Southwest states may become ill or die more often than previously thought from a rare disease in which tapeworms attack the brain and other body tissues, researchers say.

"If (doctors in) the rest of the Southwest started looking for cysticercosis, they probably would find a lot more cases than are being reported," said Frank Sorvillo, an epidemiologist and co-author of a study published today in the *Journal of the American Medical Association*.

Records of 497 inpatients treated for cysticercosis at four hospitals in Los Angeles County from 1973 through 1983 were studied by researchers from the national Centers for Disease Control and Sorvillo, of Los Angeles County's Department of Health Services.

"We speculate that cysticercosis is an important disease in other U.S.-Mexico border zones in California, New Mexico, Arizona and Texas, and in cities where large immigrant populations reside," they wrote in the journal.

Cysticercosis is caused by ingesting pork tapeworm eggs or through fecal-oral contact -- either by consuming sewage-contaminated food or water or by person-to-person contact, such as when infected cooks fail to wash their hands after using the restroom and then contaminate food.

## Hot Water Burns

Burns in baths and showers -- results of needlessly high household water temperatures -- are serious enough to require hospitalization of about 4,148 children and adults annually.

According to the latest study by Mark S. Baptiste and Gerald Feck of the New York State Department of Health, the average hospital stay is 16.7 days and the average scald covers 12.7% of body area. A safe water temperature is 120 degrees Fahrenheit, since water at even 130 degrees Fahrenheit has been shown to cause injury in 30 seconds. Yet there have been studies showing that 80% of homes have hot water temperatures higher than 130 degrees Fahrenheit. Although some homeowners have argued that high temperatures are needed for automatic dishwashers, the majority of dishwashing detergents tested in recent studies provided good to excellent cleaning results and met public health germ-kill standards at temperatures as low as 100 degrees Fahrenheit. Setback of household hot water heaters can save considerable energy as well as increase safety.

*American Journal of Public Health: Vol. 70, page 727*

The eggs enter the bloodstream through the intestines, then invade the brain, heart, muscle, eyes, bone or skin and develop into larvae, the adolescent stage between egg and adult. Infestation of the brain is potentially fatal and can cause epilepsy, abnormal behavior and brain deterioration and inflammation. Eye infestation can cause blindness.

The disease differs from teniasis, which Sorvillo said is the generally harmless adult tapeworm infestation of intestines caused by eating inadequately cooked pork that contains tapeworm larvae that reach

maturity in the intestines.

Of the 497 patients studied, 95 percent were Hispanic and 79 percent were born in Mexico. Only 12 were U.S. citizens who had not traveled to countries where tapeworm diseases are endemic, showing "the overwhelming majority of cases are imported from Mexico," the researchers wrote.

Only a fraction of the cases were reported to Sorvillo's agency, though cysticercosis is a legally reportable disease under California law.

Death certificates show 55 deaths from cysticercosis recorded in 14 states from 1962 through 1980, with nearly half of the fatalities in California and one-fifth in Texas, the researchers wrote.

From 1977 until 1981 there was a sharp increase in the number of people treated for cysticercosis at the four hospitals, the study found.

"The increase doesn't mean we're suddenly being invaded by a new and serious disease. It probably just represents better recognition of an old, existing problem," because of better X-ray diagnostic methods and recognition by doctors, Sorvillo said.

Sorvillo said cysticercosis is treated with an anti-worm drug or, in extreme cases, by brain surgery or other surgery to physically remove the larvae.

But drug treatment is controversial, Sorvillo said, because some doctors argue that symptoms are aggravated by the body's immune reaction to the drug-killed larvae.

## Seat Belt Law

A new seat belt law went into effect Jan. 1 that will require at least 2 million drivers in the Bay Area and their passengers to buckle up before they take to the road.

The law requires drivers to fasten their belts as well as requiring any passengers over 4 years old or weighing more than 40 pounds to do the same. Children under 4 years old or weighing less than 40 pounds must be placed in a car seat approved by the Department of Transportation.

Drivers can receive a citation for passengers that are not buckled-up and passengers over 16 years old can also be cited. The fine will be \$20 for the first offense and up to \$50 for subsequent offenses.

Drivers, however, cannot be stopped solely on suspicion of violating the mandatory seat belt law. Law enforcement officers must have another cause to stop motorists before citing them for not wearing a safety belt.

The mandatory seat belt law applies to non-residents of California as long as they are driving in this state.

**"We need  
blood donors  
now more  
than ever."**



*Louise Renne, San Francisco Board of Supervisors, and her daughter, Anne.*

**"It's important to give of yourself. Donating blood to help someone else is a wonderful thing to do."**

**LOUISE RENNE:** These days, San Francisco and the Irwin Memorial Blood Bank need donors more than ever. I'd like to ask women to make a special effort to give blood or organize blood drives at work.

**INTERVIEWER:** What about the safety of giving blood?

**RENNE:** Giving blood is absolutely safe. Everything used in the donation process is used only once--and then thrown away. If it weren't safe, I certainly wouldn't encourage my own daughter to give blood.

**INTERVIEWER:** With the new AIDS antibody test Irwin is using, people can even start to relax about receiving blood.

**RENNE:** Irwin is the first blood bank in the country to use this new test. I think it's a good example of how Irwin uses every measure available to protect and safeguard the blood supply.

**Roll up your sleeves**

The Irwin Memorial Blood Bank  
needs donors  
**567-6400**

### Be My Valentine — and Dance!

The Parents and Teachers of Buena Vista Alternative School, 2641 25th St. (off Potrero Ave.), are sponsoring a Valentine's Dance at Cesar's Palace, 3140 Mission Street, February 16. Proceeds from the dance will be used to buy audio-visual equipment for the school.

Buena Vista is an alternative elementary school in the Mission District of S.F., offering both Spanish Immersion and Bilingual programs. There is strong parent participation, which helps to augment the already good program. Children are exposed to multi-cultural education, and are well grounded in the basics. Available also are art, science and music.

Come support our children's education and have a wonderful time dancing to the beat of the Latin All Stars, SUNDAY, FEB. 16, 7 P.M. to midnight. More information? Call 821-1852.

### Child Care Conference

The 4th Annual School-Age Child Care and Recreation Conference will meet Saturday, February 1, 8 a.m. - 4 p.m. on the Berkeley High School Campus. Over 80 workshops will be held to address the after school needs of children and youth, ages 5 - 18.

Co-sponsored by 23 organizations including the San Francisco Recreation and Park Department, topics for the sessions cover Self-Esteem, Eating Patterns, Television, Child Development, Minority Children, Computers and many more.

College credit is available through San Francisco State University Extended Education or Meritt Community College.

Registration deadline is Wednesday, January 29. For further information and a complete listing of workshop topics, call the California School-Age Consortium at 561-3588 or 563-3852.

### Amnesty Program

Motorists driving vehicles with outdated registrations can avoid stiff penalties by acting during a three-month amnesty program authorized by the California legislature.

Through March 31, motorists can pay delinquent license plate renewal fees to the Department of Motor Vehicles without penalty.

The amnesty covers any vehicle license plate fee that was due before March 1, 1985.

After the amnesty ends, penalties of 20 percent, 40 percent or 80 percent will be added to the basic fees due, depending on how far behind the registration has fallen.

The DMV says vehicles without current registrations can be impounded and owners required to pay towing and storage charges. The DMV also has the right to sell a delinquent vehicle for fees.

On April 1, when the amnesty ends, motorists driving unregistered cars will face mandatory fines.

### THE SAN FRANCISCO SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS

Starting in January, the San Francisco SPCA will offer a series of courses on pet care for the '80s, covering everything from pet massage to solar doghouses. Free literature, expert advice and live demonstrations -- it's all at The SF/SPCA and it's all for free.

FEBRUARY 5: Building a Solar Doghouse -- modify your dog's


current abode or start from scratch -- solar designer and consultant Tom Deal tells you how. This class takes you through the principles of solar heat and insulation to the nuts-and-bolts details of constructing an inexpensive passive solar-heated home for your pet.

FEBRUARY 12: The Whole Earth Cat-N-Dog: Holistic Health Care for


### Free Classes in February

your Pet -- here's your chance to ask an expert. Cheryl Schwartz, DVM, lectures on alternative health care for pets. Topics include homeopathy, acupuncture and massage -- including a demonstration of pet massage techniques.

All classes will be held from 7 p.m. to 8:30 p.m. at the San Francisco SPCA, 2500 - 16th Street. For more information, call 621-1700.




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## SCHOOL DAZE

San Francisco public schools,

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on Lincoln's Birthday, Monday, Feb.  
10, and Washington's Birthday,  
Monday, Feb. 17.

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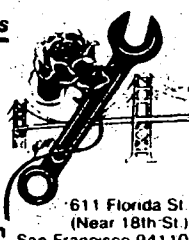


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## Open Space!

By E. Cahill Maloney

Legislation that would ban issuance of permits for buildings that would significantly affect views from public parks and open space was introduced by Supervisor Bill Maher to the Board of Supervisors.

The supervisor said his sunshine ordinance which bars construction that would cast shadows on parks, did not go far enough.

Developers continue to build on hillsides with the result that citizens are slowly but surely being deprived of access to the beauty of their city, Maher said.

"Most privately owned viewing spaces that are publicly accessible

are gone and the views from many street corners have been narrowed or obscured," he said. "If we don't move to protect those views that remain, we will have destroyed San Francisco as we know it."

Maher's proposed legislation will be referred to the City Planning Commission and to the Planning, Housing and Development Committee of the board for hearings.

## Junior Museum

Next registration for Randall Junior Museum is Saturday, Feb. 22, 10 a.m. to noon. Classes begin the following week and run for 6-week sessions. Classes in Science, Arts and Crafts, Shop and Nature are available for ages 3 to 16, with some adult classes also.

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## calendar of coming events

THE FOLLOWING ARE PRE-FESTIVAL ACTIVITIES - MARK YOUR CALENDAR NOW AND PLAN TO COME

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SATURDAY, MARCH 8 — FILIPINO DINNER-TREASURE IS....ANTONIA CABA, CHAIRMAN

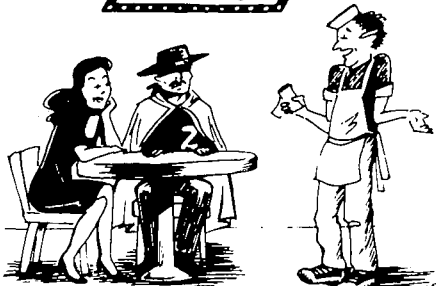
SUNDAY, MARCH 9 — SKY TALENT SHOW FOLLOWED BY....ANET DUNNE, CHAIRMAN  
DINNER (WOMEN'S GUILD).....LOMA FOLLETT, CHAIRMAN

SATURDAY, APRIL 5 — FIL-AM RENO TRIP.....AMALIA DANGILAN

SUNDAY, APRIL 6 — WOMEN'S GUILD CHAMPAGNE BINGO..ALICE GILBEAUX, CHAIRMAN

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*This we know—the earth does not belong to man,  
man belongs to the earth. All things are connected  
like the blood that unites one family. Whatever  
befalls the earth befalls the sons of the earth. Man  
did not weave the web of life; he is merely a strand  
of it. Whatever he does to the web, he does to  
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continued from page 2

steep, with a view of the bay. (Gardeners will be expected to pay for water and insurance for the site.) If you want to get involved please call either Ruby at 824-6735 or Kristina at 695-9100. Work begins in February.

The second new garden site will be at the Alemany Housing Project, behind 863 Ellsworth. Our primary goal is to fence out the dogs and improve the soil. The Mayor's Office of Community Development is again providing the money to purchase materials. The Housing Authority is covering the insurance and the water payments. For more information, call either Jeanette, 821-7376, or Kristina, 695-9100.

In addition, the existing community garden on Bernal Heights Boulevard has space available. Call the Corbins, 285-4379, to get your place in the sun in time for spring planting.

It's nice to be in the neighborhood!!!

Jay Kilbourn, Director  
Kristina Elmstrom, Community Gardens  
Debi Tidd, Education Coordinator  
SLUG is a member of the National Gardening Association and the American Community Gardening Association (ACGA).



San Francisco League of Urban Gardeners (SLUG)  
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(415) 695-9100

# BULLETIN BOARD

SLUG is an equal opportunity employer and strongly encourages minority applicants. SLUG is hiring:

**GARDEN CONSTRUCTION SUPERVISOR.**  
6-month contract, \$8/hr. On-site supervision for six projects. Includes materials acquisition, recruiting and training volunteers, some design. Carpentry skills, ability to work with a variety of

people, driver's license, and good organizational skills recommended.

**COMMUNITY GARDENS STAFF PERSON.**  
Permanent, full-time position. Salary negotiable. Ongoing liaison with existing gardens, senior outreach, technical assistance. Horticultural knowledge, communication and organizational skills, driver's license, some carpentry skills recommended.

To apply: Resume to SLUG, 515 Cortland Avenue, SF 94110, 695-9100. SLUG is an equal opportunity employer and strongly encourages minority applicants.



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...Who gave so much  
that nothing remained...  
Yet all remains in the love  
that lives in the hearts  
Of the many who remember.

Dec. 17, 1985

Martin Ponch

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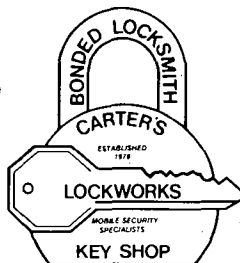
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## State Scholarships

State Scholarship and Grant applications for the 1986-87 school year are now available at State Senator John F. Foran's (Dem.-San Francisco/San Mateo) District Office.

The California Student Aid Commission offers four types of grants to undergraduate students: State Scholarship Awards (Cal Grant A); College Opportunity Grants (Cal Grant B); Occupational Education and Training Grants (Cal Grant C); and the Bilingual Teacher Grant to upper division and graduate students.

In addition, the California Student Financial Aid Workbook is available to acquaint students and their families with all of the financial aid programs -- federal, state, and campus based, and to help needy students through the process of applying for aid.

Spanish language versions of these publications are also available. Filing deadline for all of the above Cal Grant Competitions is February 11.

"I urge all who are interested to apply. Please call my District Office (755-1766) and we will be pleased to send you an application," Foran said.

## Halley's Info

Halley's comet, as viewed from Earth, is the dimmest it has been since its first documented trip around the sun in 240 B.C., so people are calling hot lines to get viewing instructions. Observers should travel far from city lights.

In Northern California, call Astronomical Society of the Pacific, (415)661-0500, or Lick Observatory, (408)429-3320.

Lawrence Hall of Science, UC Berkeley, has updated information on Halley's comet, plus exhibits in Comet Corner, comet keepsakes and memorabilia and a "Comet of the Ages" program, through April 30.


# BERNAL JOURNAL

The Bernal Journal is produced every two months by a group of volunteers, with the support of community business. Our circulation for this issue is 5,000. Our mailing address is 515 Cortland Avenue, San Francisco 94110. Messages: 648-0330.

**EDITOR:** Lurilla Harris

**DISTRIBUTION:** Lee Egger  
and Sandy Holloway

**ADVERTISING:** Martin Ponch

**PRINTING:** Howard Quinn Co. 

## ADVERTISERS

Business card rate is \$20. 1/6 page \$50. 1/4 page \$60. 1/2 page \$110. Full page \$200. 10% discount on agreement to run 3 or more consecutive ads. Typesetting available at additional charge. No charge for pasteup.

**Next deadline: Mar 21**

### DEADLINES:

Please ask for assignment or send notice of planned articles for next issue by . Photos, ads and stories due **March 14**

## RECIPES, PLEASE

BHCF is producing a home-grown cookbook and would like Bernal Heights residents and their friends to donate their favorite recipes. The cookbook will be for sale to raise money to support BHCF and its programs.

Please include a few lines about yourself, the recipe, or what you like or remember best about Bernal Heights.

Please send to or drop off at Bernal Heights Neighborhood Center (Attention: Judy Gong), 515 Cortland Avenue, by March 1.

My Favorite Recipe:

Please use additional paper if necessary.

## Auto Sales Law

The Board of Supervisors approved an amendment in January to city traffic codes limiting sales of cars to within 600 feet of an owner's residence. Once the mayor signs the measure and the ordinance becomes law, cars in violation can be cited. City law already limits to 72 hours the time a vehicle can be displayed for sale before it can be tagged for towing. State law makes it illegal for people without a dealer's license to sell a vehicle solely for profit.

## Natural Pets

If you're a pet owner who's come home to find shoes chewed to bits, poison-pen letters from deafened and irate neighbors or those damp little spots that even the best of carpet cleaners can't remove, call the San Francisco SPCA Animal Behavior Hotline. A trained animal behavior consultant will give you step-by-step instructions on how to correct problem barking, chewing, digging, house soiling and biting -- and the service is free! Simply call 621-1700, Tuesdays 1 - 5 p.m.

# MEDICAL EMERGENCY

## Will you know where to go?

The time to think about emergency care is now. And the place to think about is St. Luke's Hospital.

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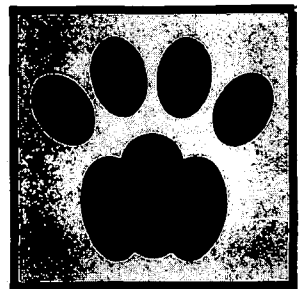
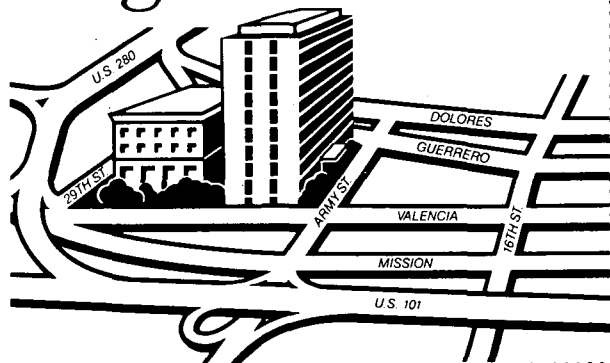
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